



Viatrix **TOTAL PAIN** Portfolio

Chronic pain is one of the most common reasons for seeking **medical care**^{1,2}

Chronic pain is one of the leading causes of long-term disability, and it is estimated that close to 20% of the adult population is affected by chronic pain.¹⁻³ It interferes with daily functioning and can lead to restrictions in mobility, which can be associated with physical and emotional distress, impacting the quality of life of patients and those around them.^{1,2}

The three main categories of chronic pain are **nociceptive, neuropathic, and nociplastic**, and they can be caused by a myriad of conditions that either affect a localized part of the body or are more generalized.² Chronic pain is also associated with a reduced life expectancy.^{2,4}

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Empowering people worldwide to live healthier **#viaViatrix**

References:

1. Dahlhamer J, Lucas J, Zelaya, C, et al. Prevalence of Chronic Pain and High-Impact Chronic Pain Among Adults — United States, 2016. MMWR Morb Mortal Wkly Rep 2018;67:1001-1006. DOI: <http://dx.doi.org/10.15585/mmwr.mm6736a2>
2. Cohen SP, Vase L, Hooten WM. Chronic pain: an update on burden, best practices, and new advances. Lancet 2021;397: 2082-97
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