

## **Low Back Pain – A Perennial Problem**

By: Dr TAY Kwang Hui

Low back pain, a common complaint encountered in both pain management and general practice, can frequently be one of the most daunting conditions to deal with. The challenge extends beyond cause and symptom control to identifying and managing the psychosocial impact. This talk gives an overview of a possible approach and management strategy to such a patient and hopefully triggers discussions and sharing of possible options for these patients.