

## **Psychosocial Approaches to Chronic Pain: What's Else is New?**

By: Prof Lance MCCRACKEN

This talk serves as an update on only the very latest developments in psychosocial approaches to chronic pain and provides hints at some trends for the future. Topics will include new directions in the fear-avoidance model, findings from studies of self and identity and chronic pain, and from online approaches, and developments around psychosocial approaches delivered by non-psychologists. This is a time of changing assumptions, new conceptualizations around health and functioning in people with chronic pain, and new research strategies. This talk will highlight these.